

ADULT STUDY ABROAD: LANGUAGE IN ACTION

Community and Culture in Italy



From Molise's mountain villages and Adriatic coast to Rome's historic streets, you will **collaborate with local educators** to support English-language learning through play and creativity, explore **coastal traditions** and engage community initiatives in Termoli, and place the people and landscapes encountered along the way into a broader context through the art and history of **Italy's capital**.

Rome (1 night):

July 1



Arrival & Dinner in Rome

- Arrival & check-in at Hotel Pacific (or similar 3-star hotel)
- Dinner at **Osteria Ragno d'oro**
 - Osteria Ragno d'Oro was founded in 1963 right in the heart of Rome, and offers the best of traditional Roman cuisine, with some specialties revisited in a modern key.
 - Typical Roman food focuses on simple, fresh, seasonal ingredients, famous for its "Four Pastas" (*Cacio e Pepe*, *Carbonara*, *Amatriciana*, *Gricia*) featuring Pecorino Romano cheese and *guanciale* (cured pork jowl). Key dishes also include fried artichokes (*Carciofi alla Giudia*), *suppli* (fried rice balls), offal dishes like tripe (*Trippa alla Romana*) or oxtail (*Coda alla Vaccinara*), and simple preparations of vegetables like chicory (*Cicoria*) or fava beans, alongside street foods like *pizza al taglio* and pastries such as *maritozzi*.
- Overnight stay in hotel

Filignano (6 nights):

<p>July 2</p> 	<p><u>Filignano</u></p> <ul style="list-style-type: none"> • Breakfast at the hotel • Transfer via private transfer to Filignano & check-in at Hotel Le Ginestre • Welcome tour of Filignano, including lunch <ul style="list-style-type: none"> ○ Filignano is a charming, tranquil village nestled in the Mainerde mountain range and within the Abruzzo, Lazio, and Molise National Park. Known for its lush, wild nature, surrounding forests, and 12 scattered hamlets, it offers authentic, slow-paced Italian culture, traditional cuisine, and excellent, rugged hiking opportunities. • Dinner at the hotel and overnight stay.
<p>July 3</p> 	<p><u>Britiland Session 1, Day 1: Welcome & Passport Experience</u></p> <ul style="list-style-type: none"> • Breakfast at the hotel • Britiland Camp Kick-Off <ul style="list-style-type: none"> ○ Britiland is an English summer camp designed to offer Italian children and teenagers an authentic, dynamic and engaging experience. During their stay, participants will use English naturally: in games, group activities, during meals, and in everyday moments, always guided by qualified bilingual staff. The goal is not only to improve language skills, but also to develop autonomy, collaboration, self-confidence and new friendships in a positive and stimulating environment. ○ For English-speaking participants, no formal teaching certification is required, only curiosity, flexibility, and a willingness to engage young learners through shared activities and everyday life. • Arrival of Britiland campers (ages 6-11) & briefing <ul style="list-style-type: none"> ○ Ice-breaking games, team creation and official entry into the world of Britiland with the personal passport activity. • Dinner & evening reflection (how did the day go?) • Overnight stay at the hotel

<p>July 4</p> 	<p><u>Britiland Session 1, Day 2: Sport & Nature Day</u></p> <ul style="list-style-type: none"> • Breakfast at the hotel • Sport & Nature Day is dedicated to movement and collaboration. English becomes the language of play and teamwork, as well as a tool for orientation, exploration, and collaboration. The goal is not competition, but communication: participants learn to encourage each other, organize themselves, and react quickly using English naturally. <ul style="list-style-type: none"> ○ Sports games, outdoor activities, and team challenges in nature. ○ A rafting experience with qualified instructors and safety equipment is also planned. • Dinner & evening reflection (how did the day go?) • Overnight stay at the hotel
<p>July 5</p> 	<p><u>Britiland Session 1, Day 3: Cake Factory Day</u></p> <ul style="list-style-type: none"> • Breakfast at the hotel and morning reflection (the day ahead) • Inspired by Charlie and the Chocolate Factory, Cake Factory Day allows food to become a complete and tangible linguistic experience. Participants work together, following instructions and using English to organize themselves. During these activities, participants make requests, give instructions, collaborate, and describe what they are preparing, using the language in real-life situations. <ul style="list-style-type: none"> ○ Students will enter a real sweet factory: working in teams they will create and present their own products, serve customers, and collaborate using English in a fun and spontaneous way. • Dinner & evening reflection (how did the day go?) • Overnight stay at the hotel
<p>July 6</p> 	<p><u>Britiland Session 1, Day 4: TikTok Challenge Day</u></p> <ul style="list-style-type: none"> • Breakfast at the hotel and morning reflection (the day ahead) • On TikTok Challenge Day, technology is used as a means of communication and creation. Participants work on group projects and small, guided challenges, always in English. The day develops linguistic confidence, collaboration, and the ability to explain ideas and processes. <ul style="list-style-type: none"> ○ Participants, divided into teams, will create short videos and challenges inspired by TikTok trends, preparing interviews and presentations in English with the support of the staff. • Dinner & evening reflection (how did the day go?) • Overnight stay at the hotel

July 7



Britiland Session 1, Day 5: Art on Canvas & Graffiti Day

- Breakfast at the hotel and morning reflection (the day ahead)
- During **Art on Canvas & Graffiti Day**, English becomes a creative tool. Students participate in hands-on and expressive workshops and complete individual and group projects, learning to describe what they are creating, give instructions to their classmates, express opinions, and present their work spontaneously in English.
 - Students will create an artistic project on canvas inspired also by graffiti style. Each team will produce a collaborative artwork and present it in English to the other groups.
- Dinner & evening reflection (how did the day go?)
- Overnight stay at the hotel

Termoli (4 nights):

July 8



Britiland Conclusion, Pasta-Making, & Termoli, Day 1

- Breakfast at the hotel and morning reflection (the day ahead)
- The performance day (**Britiland's Got Talent**) is dedicated to expression, creativity, and communication confidence. Participants prepare and perform short performances using English in a natural and fun way, helping students speak in front of others, overcome shyness, and use the language spontaneously. The goal is not perfection but participation: each student is encouraged to participate according to their abilities in a calm and collaborative environment.
 - Final show with performances, final games, and the presentation of participation certificates in the presence of parents.
- Transfer to the **Sanctuary of Santa Maria di Canneto** and Pasta-Making Experience
 - The Sanctuary is a jewel of Romanesque art from the 11th-12th centuries, which stands in a striking setting on the Fondovalle del Trigno, and in the area adjacent to the church there are archaeological excavations of a Roman Villa from the 1st century AD.
 - **Pasta-making** experience at Hotel Lo Smeraldo, equipped with a small old working water mill, so participants can experience turning wheat into flour, kneading dough, and making homemade pasta with their own hands. Followed by dinner.
- Transfer to Termoli via private shuttle and check-in at Hotel Meridiano; overnight stay at the hotel



July 9



Termoli, Day 2: Solidarity Cafeteria/Market & Tour of Termoli

- Breakfast at the hotel and morning reflection (the day ahead)
- AM: Volunteer activity arranged via Don Antonio Giannone (a priest who coordinates the activities of social volunteer associations on behalf of the Bishop's Curia of Termoli)
 - One group will work alongside volunteers at the **Solidarity Cafeteria**, helping with kitchen, dining room, and shower services and offering free meals to people in financial difficulty, homeless, or in socially vulnerable situations.
 - The other group will work alongside volunteers at **Emporio Ti Senghe'**, collecting, organizing, and distributing solidarity groceries (the name "Ti Senghé" means "I give it to you" and is designed as a solidarity mini-market, where families in need can "shop" using a points card instead of money).
- PM: Free for lunch and an afternoon on the **beach**
- Guided evening stroll through the medieval seaside village of **Termoli**
 - Termoli is a fishing town whose old town, or *Borgo Antico di Termoli*, stands within ancient fortifications on a rocky promontory overlooking the sea. Inside these walls, pastel-colored houses line narrow streets. At its center is the Cathedral, a national monument among the finest examples of Romanesque architecture in Molise, which houses the relics of the patron saint, Saint Basso. On one side of the village, surrounded by ancient walls, stands the fascinating Swabian Castle, probably of Norman origin, but whose defensive structure was strengthened by Frederick II. The sculptures of the two lions and the female heads in the other arches are also very refined. Inside, the crypt with its three apses and an 11th-century floor mosaic is worth seeing.
- Dinner at **Zi Peppino**
 - The highest quality ingredients, respect for seasonality, and the use of locally sourced products are the guiding principles behind all the dishes offered on the menu at Zi Peppino, from fresh seafood and pasta to dessert.
- Return to the hotel and overnight stay.



July 10



Termoli, Day 3: Innovation Sea & Beach Time

- Breakfast at the hotel & morning reflection (the day ahead)
- AM: Sea-Cleaning with **Innovation Sea**
 - A local fisherman will talk about how fishing and the quality of the catch have changed over the years, and participants will join in a sea cleaning activity, with a focus on environmental monitoring and an illustration of waste collection and separation.
- PM: Free for lunch and an afternoon on the **beach**
- Dinner at **Ristorante Don Giovanni - Steak House**
 - Grilled Argentine & Irish steaks, plus pasta & Italian wines, in an airy, traditional-style setting.
- Return to the hotel and overnight stay.

July 11



Termoli, Day 4: Tremiti Islands

- Breakfast at the hotel & morning reflection (the day ahead)
- Transfer via high-speed jet boat to the beautiful Adriatic archipelago of the **Tremiti Islands**
 - A marine nature preserve and part of Gargano National Park, the islands are known as the "Pearls of the Adriatic" for their pristine beauty and rich marine life.
 - After arriving at the small port on the island of San Domino, the largest of the archipelago and the richest in terms of nature and landscape (and featuring the *Ripa dei Falconi*, a breeding ground for rare falcons), a short transfer by taxi boat will take you to the island of **San Nicola**, the most historically and artistically important, where ancient stories and legends intertwine. Surrounded by a splendid panoramic view of the archipelago, you will discover the imposing Benedictine Abbey of Santa Maria a Mare, dating back to 1000 AD, where you can admire precious works of art such as the 11th-century polychrome mosaic floor and the 15th-century wooden polyptych.
 - This will be followed by an exciting 75-minute **boat ride** around the scenic archipelago to admire the blue seabed, enchanting coves, imposing cliffs, and marvelous natural sea caves.
 - Return to San Domino and transfer by minibus for lunch at a traditional restaurant.
 - After lunch, take a scenic stroll among the small houses on **San Domino**, followed by time for shopping and relaxation on the beach or in the large and fragrant Aleppo pine forests.
 - Departure from the island of San Domino for the return trip to the port of Termoli.
- Dinner at Salsedine Cucina di Mare e Pizza
 - Seafood and pizza in an inviting atmosphere overlooking the beach.
- Return to the hotel and overnight stay.



Molise Italian Studies

Adult Study Abroad & Community-Based Global Learning

BRITLAND

Filignano (6 nights):

July 12



Termoli Conclusion, Winery, & Return to Filignano

- Breakfast at the hotel & morning reflection (the day ahead)
- Free morning on the beach and free for lunch
- Transfer via private transfer to **Cantine D'Uva** for Winery Tour and Tasting
 - Tour (Paths and Scents of Tintilia) and lesson surrounding the planting, harvesting, and cultivation of Tintilia grapes, barley, garlic, fruit, and more, followed by a tasting menu dinner with a sampling of typical products
 - **Tintilia** is a black-skinned grape indigenous to Molise and grown in very small quantities. Tintilia wines tend to a rich, ruby red in color and are full-bodied, with evident, yet soft, tannins. Because of its low productivity, many Tintilia vineyards had been abandoned and this peculiar grape variety risked falling into oblivion, until recently a select number of quality producers from Molise invested in growing Tintilia grapes and in making quality varietal wines from such grapes. Cantine D'Uva is an environmentally-conscious vineyard managed by the same family for generations.
- Transfer via private transfer to **Filignano** & check-in at Hotel Le Ginestre
- Overnight stay at the hotel



<p>July 13</p> 	<p><u>Britiland Session 2, Day 1: Welcome & Passport Experience</u></p> <ul style="list-style-type: none">• Breakfast at the hotel• Britiland Camp Kick-Off<ul style="list-style-type: none">○ Britiland is an English summer camp designed to offer Italian children and teenagers an authentic, dynamic and engaging experience. During their stay, participants will use English naturally: in games, group activities, during meals, and in everyday moments, always guided by qualified bilingual staff. The goal is not only to improve language skills, but also to develop autonomy, collaboration, self-confidence and new friendships in a positive and stimulating environment.○ For English-speaking participants, no formal teaching certification is required, only curiosity, flexibility, and a willingness to engage young learners through shared activities and everyday life.• Arrival of Britiland campers (ages 12-19) & briefing<ul style="list-style-type: none">○ Ice-breaking games, team creation and official entry into the world of Britiland with the personal passport activity.• Dinner & evening reflection (how did the day go?)• Overnight stay at the hotel
<p>July 14</p> 	<p><u>Britiland Session 2, Day 2: Sport & Nature Day</u></p> <ul style="list-style-type: none">• Breakfast at the hotel• Sport & Nature Day is dedicated to movement and collaboration. English becomes the language of play and teamwork, as well as a tool for orientation, exploration, and collaboration. The goal is not competition, but communication: participants learn to encourage each other, organize themselves, and react quickly using English naturally.<ul style="list-style-type: none">○ Sports games, outdoor activities, and team challenges in nature.○ A rafting experience with qualified instructors and safety equipment is also planned.• Dinner & evening reflection (how did the day go?)• Overnight stay at the hotel

July 15



Britland Session 2, Day 3: Cake Factory Day

- Breakfast at the hotel and morning reflection (the day ahead)
- Inspired by Charlie and the Chocolate Factory, **Cake Factory Day** allows food to become a complete and tangible linguistic experience. Participants work together, following instructions and using English to organize themselves. During these activities, participants make requests, give instructions, collaborate, and describe what they are preparing, using the language in real-life situations.
 - Students will enter a real sweet factory: working in teams they will create and present their own products, serve customers, and collaborate using English in a fun and spontaneous way.
- Dinner & evening reflection (how did the day go?)
- Overnight stay at the hotel

July 16



Britland Session 2, Day 4: TikTok Challenge Day

- Breakfast at the hotel and morning reflection (the day ahead)
- On **TikTok Challenge Day**, technology is used as a means of communication and creation. Participants work on group projects and small, guided challenges, always in English. The day develops linguistic confidence, collaboration, and the ability to explain ideas and processes.
 - Participants, divided into teams, will create short videos and challenges inspired by TikTok trends, preparing interviews and presentations in English with the support of the staff.
- Dinner & evening reflection (how did the day go?)
- Overnight stay at the hotel



July 17



Britiland Session 2, Day 5: Art on Canvas & Graffiti Day

- Breakfast at the hotel and morning reflection (the day ahead)
- During **Art on Canvas & Graffiti Day**, English becomes a creative tool. Students participate in hands-on and expressive workshops and complete individual and group projects, learning to describe what they are creating, give instructions to their classmates, express opinions, and present their work spontaneously in English.
 - Students will create an artistic project on canvas inspired also by graffiti style. Each team will produce a collaborative artwork and present it in English to the other groups.
- Dinner & evening reflection (how did the day go?)
- Overnight stay at the hotel



Rome (2 nights):

July 18



Britiland Session 2 Conclusion & Return to Rome

- Breakfast at the hotel & morning reflection (the day ahead)
- The performance day (**Britiland's Got Talent**) is dedicated to expression, creativity, and communication confidence. Participants prepare and perform short performances using English in a natural and fun way, helping students speak in front of others, overcome shyness, and use the language spontaneously. The goal is not perfection but participation: each student is encouraged to participate according to their abilities in a calm and collaborative environment.
 - Final show with performances, final games, and the presentation of participation certificates in the presence of parents.
- Transfer via private transfer to **Rome** & check-in at Hotel Pacific (or similar 3-star hotel)
- Self-Guided tour of **Galleria Borghese**
 - Admire Bernini's dynamic sculptures, like Apollo and Daphne, full of emotion and movement. In the Caravaggio room, feel the intensity of David with the Head of Goliath and Boy with a Basket of Fruit—paintings that speak through light, shadow, and bold expression. You'll also encounter Raphael's serene works, Roman mosaics, and pieces by Titian, Canova, and more.
- Free for dinner
 - Recommend walking through Villa Borghese park to Piazza del Popolo
 - Lots of restaurant options in area of Piazza del Popolo or across the river in Prati
- Overnight stay at the hotel

July 19



Exploring Rome: Vatican Museums, Colosseum, & Roman Forum

- Breakfast at the hotel & morning reflection (the day ahead)
- Guided tour of **Vatican Museums & St. Peter's Basilica**
 - Begin your guided walking tour at the Vatican Museums, with their immense collection built by the Popes throughout the centuries, and discover one of the world's most remarkable art collections. See the Pio Clementino Hall, the Laocoon and Apollo Belvedere. Marvel at works by ancient cartographers in the Gallery of Maps and wander the Candelabra Gallery and the Gallery of Tapestries to see Flemish works by pupils of Raphael.
 - Go inside the Sistine Chapel to see Michelangelo's legendary frescoes.
 - Leaving the Museum, follow your guide and reach St. Peter's Basilica, the most important Christian church in the world, which houses the Pietà, Michelangelo's incredible masterpiece, and the monumental St. Peter's Baldachin, designed by Bernini.



	<ul style="list-style-type: none"> ○ The tour will end in the magnificent St. Peter's Square, dominated by Michelangelo's imposing Cupola and surrounded by Bernini's famous double Colonnade. ● Free for lunch ● Transfer to Colosseum for guided tour of Colosseum, Roman Forum, and Palatine <ul style="list-style-type: none"> ○ Your adventure begins at the iconic Colosseum, the world's largest ancient amphitheater. Feel the rush as you walk through the arena where gladiators battled for glory and emperors held sway. Your guide will share captivating stories of fierce combat, epic victories, and the roar of the crowd. ○ Next, stroll through the Roman Forum, once the heart of Roman politics, commerce, and daily life. Picture the grand speeches and critical decisions that shaped the empire. It's not just history -it's the story of a civilization that changed the world. ○ Finally, head to Palatine Hill, the birthplace of Rome. Enjoy panoramic views of the city as you uncover the luxurious lives of its emperors who once ruled from these heights. ● Free afternoon & evening in Rome—recommend visiting Trevi Fountain and throw a coin over your left shoulder to ensure a return trip to the city. ● <i>Pizza al taglio</i> recommended for dinner <ul style="list-style-type: none"> ○ <i>Pizza al taglio</i>, meaning "pizza by the slice," is a popular Italian street food, especially famous in Rome, baked in large rectangular trays, sold by weight in square or rectangular pieces, and known for its light, airy, crisp crust from long fermentation, offering various toppings like potato, sausage, or classic tomato and mozzarella, perfect for a quick snack or meal. ● Recommended visit to a gelateria for dessert <ul style="list-style-type: none"> ○ Italian gelato is a cultural icon, symbolizing daily life, social connection, and culinary tradition, enjoyed year-round as a social event during la <i> Passeggiata</i> (evening strolls) and representing Italian craftsmanship through its focus on fresh, local ingredients and artisanal techniques passed down through generations, deeply rooted in history from Renaissance courts to modern-day gelaterias. ● Overnight stay at the hotel
July 20	<p><u>Departure</u></p> <ul style="list-style-type: none"> ● Breakfast at hotel ● Departure to airport via private shuttle (or continue with tour extension)



Molise Italian Studies

Adult Study Abroad & Community-Based Global Learning

BRITILAND

What's Included:

- Accommodations for 19 nights with breakfast
- All lunches and dinners during Britiland; 1 lunch and all dinners in Termoli, 1 dinner in Rome
- Transfers via private shuttle for the entire duration of the tour (& airport pickup & dropoff)
- Qualified tour guide for all scheduled visits
- Entrance fees for all included activities and visits
- Pre-departure, 24-hour on-site, & re-integration support
- Optional extensions prior to or following your program
- Difr Dive Intercultural Citizenship Short Course
 - 4-hour virtual pre-departure workshop
 - Intercultural Development Inventory® (IDI®) and debrief
 - Facilitated AFS Global Up Abroad program leading to the Global Competence Certificate
 - Reflective workbook & Difr IC microcredential
- Continuing education units available

Cost: \$4,495/person (minimum 6 participants); group discounts available (\$100 off for 11+ participants; \$300 off for 21+ participants)

Time Period: July 1-20, 2026

Condensed Field Experience Options Also Available (for independent travelers with no on-site support):

- Both sessions of Britiland & Termoli: \$3,395 (16 nights, July 2-18)
- Both sessions of Britiland: \$2,195 (12 nights, July 2-8 & July 12-18; 4 nights (July 8-12) on own)
- One session of Britiland: \$1,395 (6 nights, July 2-8 or July 12-18)

Health & Safety

- The safety, security, and well-being of participants is our first priority. Molise Italian Studies provides 24-hour bilingual emergency onsite support and an emergency phone number in case of serious safety or health issues. In the event of an emergency that affects multiple participants Molise Italian Studies will coordinate the immediate response with local officials, U.S. embassy and consular officials, and participants' families, including confirming the safety of all participants.
- We recommend that all participants establish a personal travel insurance policy.
- Hospitals are located in Isernia, Termoli, and Rome.