

# Program & Timeline

## Cultural Program

Molise Italian Studies offers multiple pathways into learning, connection, and exploration, recognizing that travelers arrive with different goals, timelines, and ways of engaging place. Whether through immersive journeys, community-rooted work, focused seminars, regional extensions, single-day experiences, artistic exchange, or independent adventure, each program is intentionally designed to support meaningful engagement with Molise and beyond, meeting participants where they are while inviting deeper understanding

## Coaches Program

Student-athletes step into the coaching role, completing a coaching course with Sascha Bauer during the first week that will qualify them to run a summer camp with children during the second week. The course will be bi-lingual, with participants learning new coaching skills and basic football (soccer) language in Italian. Social, emotional, and mental skills will help athletes improve their performance in the future.

1

June 13th-14th: Rome & travel to Campobasso

2

June 15th-19th: Coaching course

3

June 19th-21st: Weekend in Termoli

4

June 22nd-26th: Kids football camp

5

June 27-28: Return to Rome & Departure



# Coaching Course (Week 1)

	Day 1	Day 2	Day 3	Day 4	Day 5
Practice	Funino (3v3)	Small-sided games	Tag games	Emotional games in football	Age-appropriate game formats
Theory	Football language: Italian	Football language: Age-appropriate communication	Football language: Physical skills (condition & coordination)	Emotional (mental) competencies in football	Program planning of kids' football camp
Lunch					
Theory	Football language: technical abilities	Football language: tactical principles	Integration through holistic football coaching	Social competencies in football	Program planning of kids' football camp
Practice	Technical training	Tactical training	Integration of social-emotional learning into football practice	Social games in football	Final tournament with coaches, camp leaders, and guests



# Kids Camp (Week 2)

	Day 1	Day 2	Day 3	Day 4	Day 5
Games 1	Funino (3v3) Tag games	Funino (3v3) Tag games	Funino (3v3) Tag games	Changing teams tournament	Mini World Cup (Group Stage)
Practice 1	Emotional competencies/ mental skills  Dribbling & feinting	Emotional competencies/ mental skills  1st touch	Social competencies  Tactics: Penetration delay	Social competencies  Tactics: Width & length concentration	Mini World Cup (Group Stage)
Lunch					
Practice 2	Passing  Shooting	Juggling  Shooting	Tactics: Offensive cover, defensive cover	Tactics: Mobility, balance	Mini World Cup (Finals)
Games 2	Games with special rules (emotional)	Games with special rules (technical)	Games with special rules (social)	Games with special rules (tactical)	Mini World Cup (Finals)